



Important Telephone Numbers

**In the event of an emergency,
please call 911 first**

- (800) 273-8255, Suicide Hotline
 - (877) 226-3111, Addictions Hotline
 - (844) 228-2962, Eating Disorder Hotline
 - (877) 455-0628, Self Harm Hotline
 - (888) 640-5174, Depression Hotline
 - (800) 656-4673, Sexual Assault Hotline
 - (800) 799-7233, Domestic Violence Hotline
-